

1.3 ACTIVITY



Facial Expressions

We learned about the important role that facial expressions play in communicating your message. Now it's time to practice! For this activity, you'll practice several common facial expressions and then analyze how your eyebrows, lips, nose, and other parts of your face help express your meaning.

For best results, take a selfie-style video using your phone or webcam. You can also practice in front of a mirror, although it may be harder to review your movements.

DIRECTIONS:

1. Practice conveying the expressions below using **only your face**. Record these one at a time on your phone or webcam, or to yourself in the mirror.
2. Next, review your **facial expressions** and write down what you discover. How do the various parts of your face move and combine to convey your meaning?
3. If you're comfortable, share your video with a friend or family member and see how many of the expressions they can understand using just your facial expressions.

Expression or phrase	Describe the position and movement of your eyebrows, lips, nose, and other parts of your face	What else did you notice?
"I'm exhausted!"		
"We won the game!"		
"What is that smell?"		
"Who is that?"		
"That's interesting!"		
"How rude!"		
"I don't understand."		
"I'm so embarrassed!"		
"I'm very sorry."		
"I'm frightened!"		